



Newsletter - Tamaraikulam Elders Village



Commissioner of Municipality Cuddalore distributing

Chaplin's

Elders Voice - MAY 2012

'AGE MAY CHANGE BUT WE NEVER'

HelpAge India,
Thamaraikulam elders Village,

Periyanganankuppam,
Cuddalore – 607 002.

Contents

1. Elders' Status - **03**
2. Health Status - **04**
3. Donations of the Month - **05**
4. Events of the Month - **07**
5. Case Study - **01**

1.Elders' status in Thamaraiikulam

Active Elders

Male : 21
Female : 32

Assisted Elders

Male 04
Female : 08



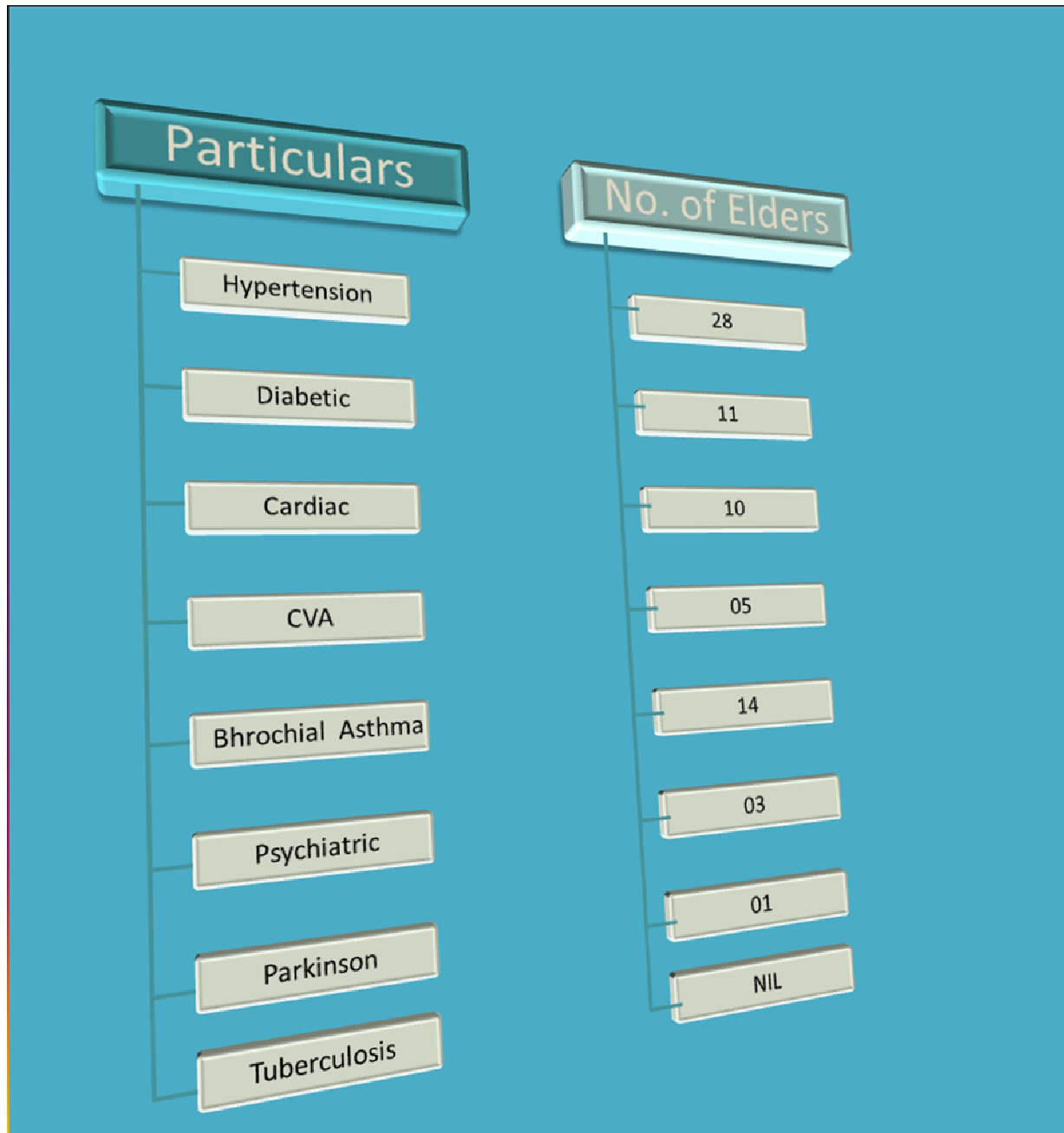
Total Patients

Male : 28
Female : 52
Total : 80

**Dependent
Elders**

Male : 03
Female : 12

2.Health Details in TEV



DONATION OF MONTH

TEV would like to express gratitude to ARR charities - Chennai for their generous contribution and continuous support of INR one lakh every month to manage Tamaraikulam elders village, and also for the people who have joint under adopt a granny “village’ donation program.



- On 04.05.2012 Food sponsored by Mr.Rajendran – Cuddalore on the occasion of his 25th wedding anniversary. He has also promised to donate food on all wedding anniversaries. He planted a coconut Chaplin in the TEV campus



- On 11.05.12 Food sponsored On the occasion of Mr.Sakravarthi Lazarous grand sons first birthday. Food and refreshment were donated to the TEV residents. The family members expressed that the birthday was meaningful and they got blessing from the 70 elderly persons of TEV.



- On 26.05.12 Mr.Sakthivel sponsored Food for one full day on the occasion of mothers anniversary day, He promised to provide food every year.
- He also willing joint Adopt a

Elderly "Village" Program.



- On 26.05.12 Food Sponsored by Mr.S.Joseph's 16th Birth day celebration He also agreed to donate every year on the occasion of his birth day..during his birth day his grand mother and other relatives also participated .



- On 28.05.12 - Food Sponsored on the occasion of mothers 3rd anniversary day of Mr.C.Chandrasekar's



- On 31.05.12 food sponsored by SCA members Mr.Lakshman and Miss. Lakshman, on their 35th Widening day occasion.

EVENTS OF THE MONTH

4.1. MOTHER'S DAY CELEBRATION

Mother's day was celebrated to honor mother and motherhood, their maternal bloods and the influence of mothers in the society. Mother's day was first celebrated in the year of 1908 by Anna Jarvis held a memorial for mother in America.

In TEV all Elderly mothers were honored during this mother's day Celebration, during these functions 45 elderly mothers and other group members participated and they celebrated by cutting Mother's Day



cake. During this function Dr. Sathya Babu - Deputy Project Director and their family members were participated as a special guest. They conducted special program, on these particular day they took 15 elders to Thiruvanthipuram perumal kovil at Cuddalore for getting special pooja

4.2. VAISHVA CLUB

World is a fabulous thing by seeing our vision. Eye is a very important part of our body. In Vasavi Eye Club they gave efficient care and rendering social service to all orphans.

They came to TEV and done some social services organization where they donated walking sticks and individual sticks to our TEV residents and grandmothers and they gave various saplings to our TEV for making TEV in greens.



4.3 EYE CAMP AND PROVIDED SPICAL SPECTACLS

Pondicherry Institute of Medical college PIMS Conducted eye camp, during the camp that they have identify more than 11 elders for cataract operation and 5 elders for provide Eye glasses, After the operation we requested the Medical students of PIMS to donate 15 eye glasses at the rate of Rs 500 to Rs 750, more over the entire transportation cost and other logistics were also taken care by PIMS hospital. During the stay at hospital most of the doctors came forwarded, to see our residents and gave care of our elderly by providing frites and bride.



The residents of our Village would like to give their special thanks and gratitude to the students of PIMS and staff who have organized this blessed event. They elders said that they never forget the care and love shown towards our elders would never unmemorable.

4.4 MASS CLEANING

During our monthly elders meeting the elders representatives decided to conduct one day mass cleaning program involving all the elders to get clean our camps and other TEV campus. A perfect man wears the perfect cloth. A perfect place should **beneath** and perfect cleaning. The entire camps were cleaned by our residents itself. They residents were decided to allot separate location /place for each individual 'elderly residing. The same was done and name boards displayed in the particular place, a periodical monitoring was done at the resident's representatives of TEV. Now the entire campuses were neat and clean. Watering to the plant and grass were also look after in the same manner by our residents.

4.5 ACTIVE AGENING



For active ageing the elders village staff have indentified more than five income generation skilled based activities, these actives were indentified based on the discussion and experience and

skills available with our elderly. During the past three years the tried various activities but they could not able to continue the business. Now each elder do their interested business since they get price at the time of finished good.

In the same way we the team members were indentified various simple games and recreational activities during the evening hours to play. Since the elders should keep engaged in some other actives so that they will not feel that they are ideal. Every evening hour they were gathered and play the indentified games along with care givers. There are elders they wish to dance, reading books, and hearing music and watching TV in our TEV . by this way our TEV our elders started producing washing powder phenyl pickle apathies submarines, yellow carry bag. Now there about 20 residents busily engaged in these activities.

4.7 INFIRMARY BECOMS - A FULLFIEDGED EMERGENCY PALLIATIVE CARE HOSPITAL ROOM FOR OUR RESIDENTS.

For this great venture , Mahathma Gandhi Medical College & Hospital , Manakula vinayaga Hospital , and our District level federation doctors where keep engaged to run this clinic , for any emergency our residents are happy in using this facilities Most of the equipments were in used such as ECG, oxygen m for which we have a separate



schedule for each hospital. On the request a specialty doctors also visiting to our TEV to render their services. The elders maintain infirmary neat and clean

Our senior care givers are occupying infirmary on fulltime basis for any emergency the elders were rescued. The care givers also trained to use the equipments such as ECG, Pulse Monitor, O2 Cylinder, and CBG Machine.

The Sterilize Instrument and Dressing material are also kept ready keep in good condition. Managing elders are maintaining to relieve geriatric, friction and conflict.

4.8 COCONUT TREE PLANATION SUPPORTED BY WOMEN WELFARE TRUST

Mr.Vinayakamoorthy, South Zone Chief Organize for NSWF-Human Rights section and Director of Women welfare trust came forward to develop our TEV as greenery area. Due to cyclone the entire trees were damaged and broken,

He brought more than 100 Coconut with team of volunteers to plant trees in and around the above said office accompanied and supervised the plantings.



Further he said that good social service among these residents are the best thing, even more Planing a good tree for them would more worth and build the future of these elders and TEV as greenish one.

Planting more tree program implantation will help to grown village like greenish to with good air. It helps to reduce global warming Dr.S.Sathiya babu thanked the entire team members who have visited for this great venture. The elders are thanking the women welfare trust members for doing that kind social service.

4.9 – MR.JANSON S/OMR.JOSEPH – 16TH BIRTHDAY CELEBRATION AT TEV- ASKSHRAVIDHIYALA SCHOOL STUDENT.

Mr.Janson , Student form Askshravidhhayala school celebrated his brith day function along with our residents , during his birth day party he planted a coconut tree along with his grand parents and his month. They said that they are ready to join our Adopt a Elders” Villge” concept to support and provide food to our residents yearly once. For witch they have given one family photo to teak up this venture along with their friend and relatives

On this occasion various cultural programs performed by our elders and near by school students. There are elders gave a special speech about TEV and elders enjoyments , further more Dr.Sathya Babu explained about concept of Elders adoption /”Village” and Cow bank proposed .in what way the elders have been protected during the aged . A huge Cake made to cut for Mr.Janshon’s birthday



4.10 HEALTHY AGEING BY PROVING REGULAR DOCTORS CARE FOR TEV RESIDENTS.

As soon as the charge taken over by Dr.S.Sathyababu – Deputy Project Director or HelpAge India, has taken initiative to reactivate the infirmary to be healthy ageing and providing palliative care to our residents. He makes arrangement to visit doctors on regular basis on alternative days Manakula Vinayagar Medical College & Hospital, Pondicherr, MahathmaGanidi Medical College and of course our District Level Federation Doctors used for the noble cause.



Blessed doctors spend entire day with our residents and conduct OP as well as Home Care treatment by visiting their residents in TEV. Doctors are doing the routine Checkup. Prescription will be given according to their needs of the residents. For dependent elders, Doctors

use to go their respective residents and treat the elders. They also referred some of the elders to Manakula Vinayagar Medical College & Hospital. Accordingly elders were very much and very much satisfied with their love and care, of course with their excellent treatment.